Wallick Senior Living Fall/ Winter - Week 1 Service for 04/28/2025



Diet: Regular / Texture: Regular

Always Available: Milk, Coffee, Juice, Tea

MONDAY APR 28	TUESDAY APR 29	WEDNESDAY APR 30	THURSDAY MAY 01	FRIDAY MAY 02	SATURDAY MAY 03	SUNDAY MAY 04	
·			BREAKFAST				
Corn Flakes	Cinnamon Oatmeal	Rice Crispy Cereal	Cream of Wheat	Raisin Bran Cereal	Corn Flakes	Cheerios	
Scrambled Egg	Veggie Omelet	Belgian Waffles	Fried Egg	Egg & Sausage Bake	Scrambled Egg	Fried Egg	
Turkey Sausage	Fresh Orange	Bacon Strips	Breakfast Ham	Chilled Apple Slices	Sausage Patty	Bacon Strips	
Patty	Wedges	Fresh Grapes	Banana Half	Cinnamon Toast	Chilled Pears	Fresh Grapes	
Banana Half	Dry Wheat Toast		Cinnamon Roll			Dry Wheat Toast	
Toasted Bagel							
			LUNCH				
Saltine Crackers	Lentil Soup	Chili Soup	Cabbage Soup	Beef Lasagna Soup	Tomato Basil Soup	Potato Leek Soup	
/egetable Soup	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	
Pepperoni Pizza	Italian Beef	Carnitas	Beef-a-roni	Chicken Caesar Wrap		Crab Cakes	
Mixed Green Salad	Sandwich	Spanish Rice	Zucchini with	Potato Salad	Tomato Sandwich	Rice Pilaf	
Spiced Peaches	Plain Potato Chips	Peppers & Onions	Oregano	Pickled Beets	Roasted Sweet	Cauliflower & Red	
	Creamy Coleslaw	Fruited Gelatin	Garlic Breadstick	Ambrosia	Potato Rounds	Pepper	
	Caramel Apple Slices		Sugar Cookies		Marinated Cucumbers	Wheat Dinner Roll	
					Chilled Mandarin Oranges	in	
			DINNER				
emon Glazed	BBQ Pork Ribs	Swedish Meatballs	Potato Crusted Fish	Country Fried Steak	Chicken Chardonnay	Scrambled Egg	
Chicken	Macaroni & Cheese	Parslied Noodles	Rice Pilaf	Country Gravy	Herb Seasoned Orzo	Sausage Gravy	
Herbed Potatoes	Zesty Spinach with	Balsamic Brussels	Savory Carrots	Mashed Potatoes	Pasta	Buttermilk Biscuit	
Scandinavian Blend	Peppers	Sprouts	Wheat Roll	Seasoned Green	Sicilian Blend	Fresh Orange	
/egetables	Cornbread	Wheat Dinner Roll	Cran Apple Crisp ie	Beans	Vegetables	Wedges	
Wheat Roll	Lemon Pecan Bar	Bar Chocolate Cream Pie		Wheat Dinner Roll	Wheat Dinner Roll	Yogurt with Banana	
Frosted Spice Cake				Pumpkin Cookies	Blonde Chocolate Chip Brownie		

Wallick Senior Living Fall/ Winter - Week 2 Service for 05/05/2025



Diet: Regular / Texture: Regular

Always Available: Milk, Coffee, Juice, Tea

MONDAY MAY 05	TUESDAY MAY 06	WEDNESDAY MAY 07	THURSDAY MAY 08	FRIDAY MAY 09	SATURDAY MAY 10	SUNDAY MA 11	
BREAKFAST							
Cream of Wheat	Raisin Bran Cereal	Cinnamon Oatmeal	Rice Crispy Cereal	Raisin Cream of	Corn Flakes	Oatmeal	
Cinnamon French	Pepper & Onion	Scrambled Egg &	Egg & Ham Bake	Wheat	Fried Egg on Wheat	Scrambled Egg	
Toast	Omelet	Cheese	Banana Half	Pancakes	Bacon Strips	Sausage Links	
Turkey Sausage	Banana Half	Home Fries	Biscuit	Bacon Strips	Fresh Grapes	Fresh Orange	
Patty	Dry Wheat Toast	Fresh Grapes		Chilled Peaches	•	Wedges	
Chilled Fruit Cocktail		Dry Wheat Toast				Cake Donut	
LUNCH							
/egetable Soup	Cheese Soup	Beef Noodle Soup	Corn Chowder	Minestrone Soup	Chicken Noodle Soup	Cream of Potato	
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Soup	
BBQ Riblette	Cheeseburger	Chicken Salad/Pita	Turkey Wrap	Sloppy Joe on Bun	Ham Salad on	Saltine Crackers	
Sweet Potato Fries	Lettuce Tomato	Plate	Creamy Pasta Salad	Tator Tots	Croissant	Tuna Salad Sndw o	
Sweet & Sour	Onion	Seasonal Fresh Fruit		Spinach Orange	Macaroni Salad	Wheat	
Coleslaw	French Fried	Celery Sticks	24 Hour Fruit Salad	Salad with Dressing	Chickpea Salad	Plain Potato Chips	
Peaches in Orange Sauce	Potatoes	Scalloped Apples		Ice Cream Sundae	Cranberry Pineapple Gelatin	Italian Beets	
	Pea & Onion Salad					Chocolate Chip	
	Cinnamon Pears					Cookies	
			DINNER				
Cheesy Baked Ziti	Sweet & Sour Pork	Lemon Pepper Cod	Beef Burgundy	Herb Roasted Turkey	Beef Enchiladas	Waffle & Berries	
Green and Gold	Fluffy Rice	Potato Pancake	Mashed Potatoes	Parslied Potatoes	Spanish Rice	Bacon Strips	
Beans	Asian Vegetables	Baby Lima Beans	Maple Dijon Brussels	Baked Winter Squash	Mixed Vegetables	Banana	
Wheat Dinner Roll	Vegetable Egg Roll	Wheat Dinner Roll	Sprouts	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	
Pear Crisp	Chocolate Mousse	Frosted Carrot Cake	Hawaiian Roll	Pumpkin Pie	Traditional Churro	Marbled Brownies	
		Frosted Pumpkin Bar		Chocolate Glaze			

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Wallick Senior Living Fall/ Winter - Week 3 Service for 05/12/2025



Diet: Regular / Texture: Regular

Always Available: Milk, Coffee, Juice, Tea

MONDAY MAY 12	TUESDAY MAY 13	WEDNESDAY MAY 14	THURSDAY MAY 15	FRIDAY MAY 16	SATURDAY MAY 17	SUNDAY MAY 18		
BREAKFAST								
Cheerios	Apple Oatmeal	Raisin Bran Cereal	Cream of Wheat	Rice Crispy Cereal	Oatmeal	Corn Flakes		
Western Omelet	Pancakes	Fried Egg	Scrambled Egg &	French Toast	Scrambled Egg	Hard Boiled Egg		
Banana Half	Bacon Strips	Hash Browns	Cheese	Sausage Patty	Sausage Links	Chilled Apple Slices		
Blueberry Muffin	Fresh Grapes	Fresh Orange	Chilled Apple Slices	Fresh Grapes	Banana Half	Toasted Bagel		
		Wedges Dry Wheat Toast	Cheese Danish		Apple Fritter Donut			
LUNCH								
New England Clam Chowder	Chili Soup Saltine Crackers	Creamy Tomato Soup Saltine Crackers	Beef Vegetable Soup Saltine Crackers	Cream of Chicken Soup	Roasted Red Pepper Soup	Lentil & Ham Soup Saltine Crackers		
Saltine Crackers	Shrimp Salad	Grilled Cheese on	Turkey & Dressing	Saltine Crackers	Saltine Crackers	Cheese & Vegetable		
Turkey Burger	Croissant	Wheat	Casserole	Roast Beef on Wheat	Salmon Burger	Pizza		
Sweet Potato Fries	Tortilla Chips	Plain Potato Chips	Green Beans	Macaroni Salad	Tator Tots	Lettuce Tomato		
Hawaiian Coleslaw	Corn & Black Bean	Green Beans	Almondine	Three Bean Salad	Squash Medley	w/Ranch Dressing		
Fruit Cocktail in	Salad	Almondine	Pears with Vanilla	Hot Spiced Apples	Snickerdoodle	Peachy Gelatin		
Whip Topping	Chilled Apricots	Blushing Pineapple	Sauce		Cookies			
			DINNER					
Swiss Steak	Apricot Glazed Pork	Beef Hungarian	Parmesan Crusted	Meatloaf & Gravy	Chicken Supreme	Sausage Gravy		
Mashed Potatoes	Loin	Goulash	Tilapia	Mashed Potatoes	Brown Rice Pilaf	Scrambled Egg		
Peas & Carrots	Scalloped Potatoes	_Macaroni Pasta with		Seasoned Broccoli	Scandinavian Blend	Biscuit		
Garlic Breadstick	Curried Cauliflower	Parsley	Steamed Corn	Florets	Vegetables	Cranberry Oatmeal		
Pumpkin Pecan	Wheat Dinner Roll	Steamed Beets	Focaccia Herb Roll	Wheat Dinner Roll	Wheat Dinner Roll	Bar		
Cheesecake Bar	Banana Cream Pie	Wheat Dinner Roll Sweet Potato Pie	Macaroon Cookies	Vanilla On Chocolate Cake	CranApple Cobbler			

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Wallick Senior Living Fall/ Winter - Week 4 Service for 05/19/2025



Diet: Regular / Texture: Regular

Always Available: Milk, Coffee, Juice, Tea

MONDAY MAY 19	TUESDAY MAY 20	WEDNESDAY MAY 21	THURSDAY MAY 22	FRIDAY MAY 23	SATURDAY MAY 24	SUNDAY MAY 25	
BREAKFAST							
Oatmeal w/Raisins	Raisin Bran Cereal	Cream of Wheat with Blueberries		Cinnamon Oatmeal	Rice Crispy Cereal	Cream of Wheat	
Country Omelet	Turkey Sausage Patty	Egg & Sausage Bake	Fried Egg Chilled Pears	Scrambled Egg	Cinnamon Streusel Coffeecake	Scrambled Egg Breakfast Ham	
Fresh Grapes Dry Wheat Toast	Fresh Orange Wedges	Banana Half Dry Wheat Toast	Banana Bran Muffin	Chilled Apple Slices Dry Wheat Toast	Fresh Orange Wedges	Banana Half English Muffin	
	English Muffin					211811311 Marrini	
			LUNCH				
Three Bean Soup	Baked Potato Soup	Corn Chowder	Hamburger Soup	Chicken Tortilla Sou	p Pasta Fagioli Soup	Meatball Soup	
Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	Saltine Crackers	
Chicken & Dumplings Parmesan Lima	Mushroom Swiss Burger	Fish & Chips Steak Fries	Grilled Swiss Cheese Sandwich	Beef Soft Taco Spanish Rice	Egg Salad on Croissant	Tuna Mac Casserole Wax Beans & Red	
Beans	Plain Potato Chips	Apple Coleslaw	Creamy Pasta Salad	Mixed Vegetables	Plain Potato Chips	Peppers	
Wheat Dinner Roll	Beet & Onion Salad	Hawaiian Roll	Celery Sticks	Glazed Bananas	Corn Salad	Wheat Dinner Roll	
Caramel Apple Slices	Peach Pinwheel	Applesauce Cookies	Ranch Dressing Fresh Fruit Salad		Crispy Rice Bar	Oatmeal Raisin Cookie	
			DINNER				
Popcorn Shrimp	Roasted Greek Be	Beef Pot Roast Boiled Potatoes	Southern Fried	Spaghetti & Meatballs	Breaded Pork Chop	Pancakes	
French Fried	Chicken		Chicken		Macaroni & Cheese	Bacon Strips	
Potatoes	Mediterranean Orzo	Sliced Dilled Carrots	Mashed Potatoes &	Asparagus	Pepper Medley	Mandarin Oranges	
Sweet Dilled Peas	Seasoned Broccoli	Wheat Dinner Roll	Poultry Gravy	Almondine	Cornbread	Strawberry	
Wheat Dinner Roll	Florets Wheat Dinner Roll	Coconut Cream Pie	Green Beans Oregano	Garlic Bread	Peanut Butter Pie	Cheesecake	
Vanilla Ice Cream	Pudding Parfait	Focaccia Herb Roll	Bread Pudding				
		Pineapple Upside- down Cake					

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