

final thoughts...

Come hear a speaker this month! Better Business Bureau & Elara Caring will be here to talk about important topics.

Participate in a Group!
Men's Group, Veteran's Group and our Bereavement Group with Care 360 are getting together in February

Exercise Classes—Monday, Wednesday, Thursday, Friday, Saturday — with activities & TCT Therapy at 10am
Tuesday Evening—Yoga, Wine & Meditation

Religious Opportunities:
Rosary & Communion with St. Joe's—Bible Study with Westgate Chapel—Christian Service with Grace Lutheran and Northwest Baptist— Celebrate Ramadan & Tu Shevat this Month

Join an Outing! Kroger's—Meijer—Wal-Mart—Dollar Tree—Church—The Bank—Hooters—Sylvania Diner—Whitehouse Inn—Uncle John's Pancake House—Keenager's Luncheon at Westgate Chapel

Music! Music! Music! - Ragtime Rick, Mark Johnson, Herman Loch, Alan Seibert, Cindy Slee, Sandra Kellog, Tim Oehlers, David Putano, Rebecca Sweet, Jo, Marty & Mitch Band will all perform this month!

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February 2025

the Acorn

A newsletter for friends and residents of Oakleaf Village

February is a fantastic month! The days are getting longer, the sun is getting brighter and it's the month of love. There are two special days this month to hope for warmer weather ahead. The first day is Ground Hog Day. On February 2nd, if our favorite Pennsylvania friend does not see his shadow, spring will arrive sooner. If things don't work out in your favor with the Ground Hog, be sure to celebrate Hoodie Hoo day on the 20th. At noon on Hoodie Hoo day raise your hands over your head, make lots of noise and shout Hoodie Hoo! The story goes by doing this you are waving goodbye to winter and hello to spring. Hey, it is worth a try and can be a lot of fun!

Valentine's Day is right around the corner. This is a great time to tell the people close to you how much you love them. We will be making funny little valentines to pass out, make Valentine picture

frames and every Tuesday we are having a Valentine themed drink. Valentine's is also a time for sweet treats! We will be making a Snickers Salad one day, candy trivia and fun facts and we will play a candy lovers dice game you will not want to miss.

Fantastic February!

One of the best things about living at Oakleaf is the friends we make. It is great to spend time together at Bingo, religious services and dancing in the lobby. It is also nice to watch a movie in the lobby or TV Lounge together in the evenings when your day is winding down. This February we will also watch the Super Bowl, NBA Star Game and the Daytona 500 together in the TV Lounge. As well as the

Grammy Awards. We have added a new gathering on Wednesday Evenings, Wheel of Fortune and Jeopardy. So many people watch these shows alone in their apartments, but it's even more fun to watch it together. So feel free to come as you are, or put on your PJ's, and join us for a movie, sporting event or a fun TV show most nights in the lobby or TV Lounge.

Even though February is upon us, and spring is approaching, just a reminder it is still flu and cold season. Wash your hands often, don't get in peoples personal spaces, cover your mouth when you cough and most important, stay in your apartment if you feel sick. Be sure to let the nurse know, and order a sick tray for meals. This is will help stop the spread.

Have a fantastic and fabulous February and as always, try something new and meet a new friend this month!

**A Note from Heather Evans
Assistant Executive Director**

‘The first rule of kindness is to be kind to yourself.’ -Bryant McGill

Kindness is more than being nice. Being kind can include intentional, voluntary acts of grace and sincerity, in easy times and hard. We may not have control over another person, but we DO have control over ourselves.

Moving into Assisted Living can be scary- like the first day of school! You don’t know where anything is, how things go, or even what to expect.

Did you know that we have a ‘Meet and Greet’ on the 1st Friday of every month where you can meet new and current residents? It’s a nice way to meet new faces and make new friends.

Invite someone to sit with you at lunch, give them a smile as you pass by, invite them to an activity, or even give a simple, hello!’

Kindness is a movement. What’s your next move?



**IMPORTANT CONTACTS
& PHONE NUMBERS**

- Diane Doneghy** Executive Director
- Heather Evans** Assistant Executive Director
- Crys Daunhauer** Business Office Manager
- Virginia Marshall** Executive Chef
- Roland Duran** Senior Living Advisor/Marketing
- Erin Patterson** Senior Living Advisor/Marketing
- John McAuliffe** Maintenance Director
- Shaunta Grier** Director of Care
- Alison Maas** Activity Director
- Danielle Ballesteros** Grove Program Director
- Oakleaf Village:** 419-885-3934
- The Grove:** 419-464-9123

WHAT'S HAPPENING...

- Sunday, February 2nd—Ground Hog Day
- Monday, February 3rd -Ruth’s 100th Birthday Party
- Tuesday, February 4th—Snickers Salad Baking Demonstration
- Thursday, February 6th—Hand Spa
- Friday, February 7th—Meet New Friends & Residents
- Friday, February 7th—Making Funny Little Valentines
- Sunday, February 9th—Super Bowl Sunday
- Tuesday, February 11th—Making Valentine Picture Frames
- Thursday, February 13th—Better Business Bureau Speaker
- Friday, February 14th—Candy Lovers Game
- Tuesday, February 18th—Men’s Luncheon
- Tuesday, February 18th—Veteran’s Group with Care 360
- Thursday, February 20th—Hoodie Hoo Day
- Thursday, February 20th—Keenagers Luncheon
- Friday, February 21st—Cardinal Painting
- Saturday, February 22nd—Margaritas
- Tuesday, February 25th—February Birthday Party
- Thursday, February 27th—Soak & Lotion Feet

**Welcome to
Oakleaf Village!**

136 Sharron
219 Madeline

Go to:
www.oakleafvillage.com

Click on **Community Updates** to see our monthly Acorn including menu’s, activities & more
Click on **Resident Portal** to pay your bill and make work orders.

Wellness Clinic

If you would like to have a nurse come to your apartment, and check your vitals, please sign up at the bar, located in the lobby, by the Tuesday night before. A nurse will they pay you a visit on Wednesday for your Wellness Check.

Beauty Shop

Irena is giving a 20% discount for your birthday
Call Irena at 419-206-1508 to set up an appointment! Or stop by her Shop on the 1st Floor

Please Return:

Any grocery cart or wheelchair you may have that belongs to Oakleaf.

Any dishes/silverware/ cups you may have that belong to Oakleaf.

Total Health Care (TCT) is our in House Therapy team. They will provide chair exercises every Wednesday at 10:00am

To contact them for therapy call 740-953-1184 or tell your Oakleaf Nurse

Did you know we collect Pop Tabs for the Ronald McDonald House, Old Medicine Bottles and Used Stamps for Westgate Chapel and Used Eye Glasses and Magnifiers for the Sight Center?

If you wish to donate, please bring them to the multi-purpose room and put in the designated bins.

HAPPY BIRTHDAY!

- 2-2 Ruth Ormsby **100th** Resident
- 2-4 Luann Kornowa Resident
- 2-6 Darlene Reece Resident
- 2-7 Joni Collins Receptionist
- 2-8 Don Allen Resident
- 2-10 Carol Deshelter Resident
- 2-10 Angela Chaffe Housekeeper
- 2-14 Lea Nemr Personal Care
- 2-15 Judy Altenberg Resident
- 2-16 Dan Thomas Resident
- 2-17 Diane Hamann Resident
- 2-19 Stephanie Johnson Server
- 2-19 Keyauna Moss Personal Care
- 2-20 Marilyn Kimberlin Resident
- 2-21 Kiera Williams Server
- 2-22 Sandy Dolgin Resident
- 2-22 Becky Bratton Personal Care
- 2-22 Caroline Simanto Personal Care
- 2-24 Nancy Schlaman Resident
- 2-25 Sharon Slee Resident
- 2-25 Brenda Breneman Nurse
- 2-26 Larry Holewinski Resident
- 2-27 Liz Stover Resident
- 2-29 Karen Peterson Resident