

final thoughts... **Veteran's Day**

Monday, November 11th

2:45 in the Lobby



Join us for music at 1:30 with Elaine & Mike and at 2:45

We will be honoring our Veterans in a pinning ceremony

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OAKLEAF VILLAGE
of TOLEDO



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November 2024

the Acorn

A newsletter for friends and residents of Oakleaf Village

Autumn is here! How do we know? The air is crisp, the leaves are falling and it is that time of the year to turn our clocks back an hour. On Sunday, November 3rd Daylight Savings Time ends which means we fall back one hour. If you need help with your clocks or watches, please let them know at the desk and we will get someone to help you. Enjoy the extra hour of sleep!

This month is the big election! Many of you have received absentee ballots. If you have not filled yours out yet and sent them, do so promptly to get your vote in. If you need help, the activity team can assist you. If you are going to vote in person, sign up at the front desk. We will be leaving at 1:30. Be sure to have a picture ID with you.

Thanksgiving is Thursday, November 28th. If you will be going out with loved ones, please be sure to

let the front desk know when you leave and return. If you need to take meds with you, please let your nurse know in advance so they have them ready for you. Virginia and her crew will be cooking a special meal for those who are staying here with their Oakleaf family.



We are so grateful for all of you! Thank you for making Oakleaf such a fun and homey environment.

With the holidays coming up, I would like to remind everyone we have rooms available for you to use at no cost. The Private Dining room seats 10, the TV Lounge will hold approx. 20 comfortably and the multipurpose room holds 50. If

you would like to reserve any of these rooms for the holidays, or anytime, please contact Alison in the activity department.

November is full of amazing events and activities. On election day we will go back in time and vote on the Pepsi/coke challenge. We will be honoring our Veterans this month. Be sure to check out our Veterans wall in the lobby. We encourage you to clean out your refrigerators this month. We will be passing out a check list with pointers on the best way to go about this. Thanksgiving is this month and the big Ohio State vs Michigan game. Join us in the multi-purpose room to root for your team. The last of the month we will be decorating and preparing for the Christmas season. Be sure to read your activity calendar daily and get involved. There is such a variety of things to do and amazing people to do them with!

A Note from Heather Evans Assistant Executive Director

"The heat of autumn is different from the heat of summer. One ripens apples, the other turns them to cider." – Jane Hirshfield

Autumn Safety Awareness

Get the flu vaccine- The Senior population is at higher risk for complications from the flu such as pneumonia, bronchitis, and ear infections. Consult with your healthcare provider or pharmacist regarding a flu vaccine if you missed our clinic.

Be aware of tripping hazards- Colder weather can cause 'stiff joints,' not only making it more difficult to get around, but it gets dark out earlier, the ground is wet or frozen, and fallen leaves create slipping hazards. When going outside, dress warmly, inform the receptionist and/or staff, and limit your exposure to the chilly weather.

Protect your skin- As it gets chilly outside, we tend to keep it warmer inside. This not only leaves the air dry, but also our skin. Stay hydrated with water/fluids, use a humidifier to help moisten the air, and keep your skin moisturized with a lotion/cream.

Eliminate fire risks- For safety reasons, electric blankets, electric heating pads, space heaters and candles are prohibited from use in apartments. Remember to keep furniture, blankets, curtains, etc. away from furnace vents in the apartment to avoid heat damage.



IMPORTANT CONTACTS & PHONE NUMBERS

Diane Doneghy	Executive Director
Heather Evans	Assistant Executive Director
Crys Daunhauer	Business Office Manager
Alicia Sharp	Senior Living Advisor/Marketing
Roland Duran	Senior Living Advisor/Marketing
Alison Maas	Activity Director
John McAuliffe	Maintenance Director
Shaunta Grier	Director of Care
Virginia Marshall	Executive Chef
Kacey Wheeler	Assistant Director of Care
Danielle Ballesteros	Grove Program Director
The Grove:	419-464-9123
Oakleaf Village:	419-885-3934

WHAT'S HAPPENING...

- 11-1 Wendy's & Glass Pavilion
- 11-5 Go Vote
- 11-7 Moose Fat Baking Demo
- 11-8 Funny Couple Friday
- 11-11 Veteran's Day
- 11-14 Tea Party
- 11-16 Sing A Song Saturday
- 11-19 Buckeye Dip Baking Demo
- 11-21 Keenager Lunch at Westgate
- 11-22 OSU/Mich Tin Foil Art
- 11-23 Decorate Walkers & Doors for Big Game
- 11-27 Turkey Hunt
- 11-28 Thanksgiving Day
- 11-30 Decorate the Christmas Tree
- 11-30 Ohio State/Michigan Game

Welcome to Oakleaf Village!

#121 Mary Agnes
#122 Betty
#139 Maryann & Larry
#151 LuAnn

Go to:
www.oakleafvillage.com

Click on **Community Updates** to see our monthly Acorn including menu's, activities & more
Click on **Resident Portal** to pay your bill and make work orders.

Wellness Clinic

If you would like to have a nurse come to your apartment, and check your vitals, please sign up at the bar, located in the lobby, by the Tuesday night before. A nurse will they pay you a visit on Wednesday for your Wellness Check.

Beauty Shop

Irena is giving a 20% discount for your birthday
Call Irena at 419-206-1508 to set up an appointment! Or stop by her Shop on the 1st Floor

Please Return:

Any grocery cart or wheelchair you may have that belongs to Oakleaf.

Any dishes/silverware/cups you may have that belong to Oakleaf.

Total Health Care (TCT) is our in house therapy team. They will provide chair exercises every Wednesday at 10am in the MPR.
To contact them for therapy call 740-953-1184 or tell your Oakleaf Nurse.

Sunday, November 3rd

Daylight Savings Time Ends

Turn Your Clocks Back One Hour

The best thing to do is turn your clocks back one hour on Saturday evening before you go to bed. If you need help with a clock, please tell the front desk.



HAPPY BIRTHDAY!

- 11-6 Margaret Sagan Resident
- 11-8 Steve Adams Maintenance
- 11-8 Betty Wisberger Resident
- 11-9 Arlene Holtfreter Resident
- 11-10 Juanita Clark Resident
- 11-20 Jerry Sullivan Resident
- 11-21 Vincent Sinclair Receptionist
- 11-23 Dorothy Morse Resident
- 11-26 Terri Moore Nurse
- 11-29 Norma Bishop Resident



Thank You Walker for donating our birthday cakes!